

## Lindley ladies lax director at Sono Field House

Written by Steven Buono  
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Lisa Lindley will be taking her multi-title-winning game to the Sono Field House in Norwalk as its Director of Girls Lacrosse.

“We knew right out of the gate that Jeff Brameier and Lisa Lindley would be the ultimate team for us on the lacrosse front,” said Jim Quinn, CEO and Founder of Sono Field House, who has signed-up the Wave awards-winning boys coach as well as Lax Director on the guys side. “Lisa has been driving the pulse of girls’ lacrosse in Connecticut.

“She knows how to enhance skill development for players to become better athletes. Now she’ll be able to do that year-round at our facility.”

The indoor sports and special events center has received an overwhelming response to its lacrosse clinic and league offerings according to management.

This has prompted it to add additional specialty skills clinics to the fall/winter sessions line up — all of which have been selling-out rapidly, the organization says.

“I am very excited about the Sono Field House for several reasons,” said Lindley. “Because Sono is a state of the art facility with girls markings on the fields, it will enable me to teach all aspects of the girls game. It also will give girls many more opportunities to play lacrosse year-round.”

“Lisa is an outstanding addition to our team,” Brameier said. “And she is on board to ensure that Sono Field House has the strongest girls’ lacrosse curriculum available and the best offerings in league play.”

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During her lacrosse career, Lindley was a three-time All-American in Field Hockey at UMASS in 1983, '85, '86, as well as a three-time All-American in Women's Lacrosse at UMASS in '84, '86, and '87.

And Lindley was a member of the 1989 U.S. World Cup Lacrosse Team and on the U.S. Lacrosse Team from 1987-1992.

Her professional coaching experience began at UMASS, where she served as a Graduate Assistant Lacrosse Coach from 1988-1989. Lindley held the Assistant Lacrosse Coach position at Yale University from 1992-1993.

From 1994 on, she has held the position of girls lacrosse coach at Darien High, leading her team to 10 FCIAC Championships in '95, '96, '97, '98, '00, '01, '02, '06, '07, and '09, and many more at states since the CIAC sanctioned the title in 2003, and before that, leading the Wave to 10 in all.

Darien won championships from '96 to 2000, then in '02, '03, '07, '08, and '09.

She has helped to produce over 40 All-American lacrosse players, and was named Connecticut Coach of the Year in '97, '02, '06 and '09.

"I am excited about hosting a winter tournament in the future," Lindley said. "Sono is also going to be huge for our Chargers program as we will be able to play year-round. I think any lacrosse player in the Fairfield County area has to be excited about the many possibilities open to them."

She is working with local lacrosse coaches, players and parents to build girls' high school and youth lacrosse programs at Sono, according to Quinn, and joining forces with teams in Greenwich, Westport, Wilton, New Canaan, and other towns to organize competitive leagues.

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“Personally, I look forward to teaching lacrosse to kids from all over Fairfield County,” Lindley added. “And giving them the same expertise and opportunities that I give to my Darien girls.”

Lacrosse clinics and leagues for girls, boys, and adult men for the Fall/Winter Session begin Oct. 28.

Online registration is currently open for this session, although availability for individual clinic registration and team league registration is limited and sign-ups are on a first-come, first-served basis. Detailed schedules and online registration can be found at [sonofieldhouse.com](http://sonofieldhouse.com).

For general questions or to sign-up by phone, call 203-523-5875.