



SUMMER CAMP



TAKE YOUR GAME TO THE NEXT LEVEL!

Featuring:

IDRIS PRICE

*NFL Super Bowl Champion
Tampa Bay Buccaneers
AFL & NFL Europe*

JAKE MYERS

*2009 Runner Up
Cornell University Lacrosse*



“GET YOUR MIND RIGHT” THIS SUMMER!

ATHLETES 7TH GRADE – 12TH GRADE

AUGUST 9TH – 13TH

**12:30 PM – 4:00 PM
\$295 FOR THE WEEK**

Personalized drills,
exercises, & training
strategies to enhance
your physical &
mental strength..
On and off the field!

Speed
Agility/Quickness
Flexibility
Power
Endurance
Strength

Space is limited– register today to reserve your spot! 203-523-5875 or www.sonofieldhouse.com