



WOMEN'S LEAGUE PLAY



Sono Field House is pleased to offer
NEW Drop- In 7 v. 7 Leagues

**For “30- Something Lady Laxers”
& “Former Field Hockey Fanatics”**

Bring Back the Athlete in You!

FREE two week trial period begins Monday, March 22nd

**Field Hockey scrimmages: Mondays 10: 30 – 11:30 AM
Fridays 12 – 1 PM**

**Lacrosse scrimmages: Mondays 12 – 1 PM
Fridays 10:30 – 11:30 AM**

Sign up for one or sign up for both and have fun!



**Please remember:
appropriate equipment &
SFH Membership is required**



For more information contact Field Hockey Director - Mo Minicus mminicus@sonofieldhouse.com
203-523-5875 www.sonofieldhouse.com