



Sono Field House
350 Ely Avenue
Norwalk, CT 06854
203-523-5875
www.sonofieldhouse.com

Required Equipment List – Fall/Winter Session 2009

Lacrosse:

Boys & Adult Men: helmet, shoulder pads, arm pads, gloves, sticks, mouth piece & cup.

Girls: eye protection/goggles, stick and mouth piece.

Soccer:

Boys: shin guards

Girls: shin guards

Football:

Boys: mouth piece

Field Hockey:

Girls: mouth piece, stick, shin guards, eye protection/goggles

Adult Women: stick

All players must bring and use the required equipment listed above at all times while on the field and in play.

SFH Membership Fee and Session Fee must be paid in full prior to the session's start date to book your spot in the session.

Please review schedules carefully prior to registering for a session - Sono Field House is unable to grant refunds.

Sono Field House cannot guarantee availability of any spots & is not liable if a particular session is sold out.

Sono Field House reserves the right to change, modify, or cancel any schedule at any time.